

WHAT WE DO

In 2009, Lifelong staff and volunteers worked to:

- Cook and deliver **131,768** fresh meals
- Pack **45,770** grocery bags with healthy food
- Provide **1200** people with case management
- Assist **900** people in location housing
- Distribute **218,000** condoms with safer-sex messages
- Provide health insurance to over **1,600** people

THE PEOPLE WE SERVE

- 76% live on less than \$20,000/year
- 47% lack permanent housing
- 40% have mental health issues
- 40% have substance abuse problems
- 42% are non-white

Lifelong AIDS Alliance is committed to preventing the spread of HIV, and to providing practical support services and advocating for those whose lives are affected by HIV and AIDS.

DID YOU KNOW?

- Lifelong has **expanded our services**, and we now help people in King, Snohomish, Kitsap, and Pierce Counties.
- More people than ever are living with HIV and AIDS in the U.S. This number now exceeds **1,500,000**, with 10,000 in King County alone.
- HIV medications **costs upwards of \$5,000** per month.
- HIV can become resistant to medications after missing even just 1 out of 20 doses. Lifelong's STEP program helps people stay on track.
- More than **1,200** people donate their time to Lifelong every year as a volunteer.

HOW YOU CAN HELP

- **Sponsorship & Product Donation**
Sponsors help us to underwrite the costs of our events, allowing us to direct more of the funds raised toward our client services.
- **Volunteerism**
Volunteers are the backbone of Lifelong, and volunteering as a group will strengthen corporate culture while benefiting our community.
- **Workplace Giving**
Demonstrate your commitment to our community by instituting a workplace giving program at your company.